



TEA STEEPING GUIDE

Tea Type	Amount of Tea per 8 oz.	Water Temp.	Steep Time	Re-Brew
Black	1 tsp	208 F/98 °	2-3 min	up to 1x
Green	1 tsp	175 F/80 °	2 min	up to 3x
White	1.5 tsp	175 F/80 °	4-5 min	up to 3x
Oolong	1 tsp	195 F/90 °	3 min	up to 3x
Pu-erh	1 tsp	195 F/90 °	2-3 min	up to 3x
Yerba Mate	1.5 tsp	208 F/98 °	5-6 min	up to 3x
Rooibos	1.5 tsp	208 F/98 °	4-6 min	up to 2x
Herbal	1.5 tsp	208 F/98 °	4-5 min	up to 1x
Tisanes	1.5 tsp	208 F/98 °	4-5 min	up to 1x

